





COLORADO EARLY SEASON MASTERS CAMP

DECEMBER 1-5, 2025

WHAT YOU GET

- 5 days on snow
- Top-level coaching to jump start your ski season
- 1 full day of directed free-skiing to dial in your skiing after the summer
- Free-skiing drills every morning to make you faster in gates.
- 2 days of GS training: Technique, line, tactics
- 2 days of slalom training with progression through brushes, stubbies and gates

- Daily video analysis
- Gifts and daily door prizes from camp sponsors
- Afternoon educational programs to help you go faster
- Maximum participants: 20
- Maximum 7:1 athlete-coach ratio.
- Awesome camp top!

<u>COST</u> Full Camp: \$1,520

Day Rate: \$305 per day

Camp tuition includes lift tickets*, lane fees, coaching, daily video analysis, door prizes and other sponsor gifts, camp tops, afternoon educational programs.

Camp tuition does NOT include lodging, meals, or transportation. (See below for details.)

*Season passes and other lift tickets good at Loveland Ski Area are NOT valid for lane training

During this camp, you will work through the early season free-skiing drills that hone your technique (the stuff you can't fix in gates), then you will follow a progression in gates to lay the foundation for a faster race season ahead.

TO REGISTER CONTACT:

LISA BALLARD, CAMP DIRECTOR: <u>lisaballardoutdoors@gmail.com</u> Tel. 1-406-690-0190

COACHING STAFF



Lisa Ballard, Camp Director: 5X FIS Masters SG champion. FIS Masters GS Champion, 2022. 3X FIS Masters age-group champion. 2nd FIS Masters Overall, 2022, 2023. 6X US Masters Skier-of-the-Year. 100+ US alpine masters titles (DH, SG, GS, SL). 3X Canadian Masters Grand Champion. 30+ years coaching experience. Women's Pro Ski Tour, 1985-1990. Former ski analyst, ESPN and other networks. NCAA Division 1 racer (Dartmouth). Author, *Ski Faster! Guide to Racing & High Performance Skiing*.



Jack Ballard: M.A., M.Ed: 2023 National Speed Series class 7 champion, 4th overall men under age 65. US Ski and Snowboard certified coach, 9 years dedicated masters coach at Red Lodge Mountain and Big Sky Resort. USSS-certified coach and official. Former university lecturer, including graduate courses in educational psychology and human learning. Chair, USSS Northern Division Masters. Member, US Ski and Snowboard Masters Working Group. Member, Intermountain/Northern Division Masters Board.



Miguel Azcarate: Training Center Director, Holiday Valley, NY. Co-owner, Mud Sweat N' Gears, SkiYard.com. Head Coach, Ligety-Weibrecht Summer Ski Camps, Mt Hood, OR. Coach, Ballard Race Camps, Argentina, Chile, Big Sky, Colorado. Former pro ski racer from Spain. Master boot-fitter. Guest coach, U.S. Ski Team. Ski gear guru!

CAMP SCHEDULE

Sat, Nov 30: Travel to Colorado.

Sun, Dec 1: Free-skiing and free-skiing drills. Video analysis. Chalk talk: "Gear Trends for Masters Racers"

Mon, Dec 2: Free-skiing warm-up/drills. Slalom drill courses. Video analysis. Chalk talk: "Ski Tuning Trends"

Tue, Dec 3: Free-skiing warm up/drlls. Slalom training. Video analysis. Chalk talk: "Looking Ahead: How to get better at it!"

Wed, Dec 4: Free-skiing warm up. GS training with emphasis on line. Video analysis. Chalk talk: "Slalom versus GS Tactics".

Thu, Dec 5: Full-length GS training. Departure after skiing (by noon).

CANCELATION POLICY

If the camp is canceled for any other reason, your camp fee is fully refundable less the credit card processing fee.

If YOU need to cancel:

- Prior to October 10, 2025: 75% refund.
- After October 10, 2025: No refund unless the camp is full and your spot can be taken by another racer, then 75% refund.

LODGING

There is no lodging at the base of Loveland Ski Area, but there are many hotels and short-term rentals around Silverthorne, Colorado, about 15-20 minutes from the ski area. The "coach's condo", which is our afternoon meeting place for video analysis and educational programs, will be in Silverthorne. If you need assistance booking lodging, please contact Lisa Ballard.



View down one of the training courses at the Colorado Early Season Masters Camp

To see highlights from last year's camp, CLICK HERE.

TO RESERVE YOUR SPOT, CONTACT LISA BALLARD Tel. +1 406-690-0190 Email: <u>lisaballardoutdoors@gmail.com</u>

HOW REGISTRATION WORKS:

- 1. Contact Lisa by telephone, email or WhatsApp to say "I'm in!" Email is preferable because Lisa needs your email for #2 below.
- 2. Lisa will email you an invoice via PayPal for the camp deposit and a "Skier Profile" (registration form).
- 3. Your spot is reserved after you pay the deposit.

A YOUR TURN Ski Event. It's "your turn" to have a great day on the slopes!