

2024 DUST-THE-RUST-OFF MASTERS CAMP

Come to Red Lodge Mountain and GET READY TO RACE!!

DECEMBER 8-11, 2024 (TRAINING) / DECEMBER 12-13, 2024 (GS/SL)

WHAT YOU GET:

- Slalom training technique and tactics
- GS training line and technique
- · Free-skiing drills
- Daily video analysis
- Evening social events
- Daily door prizes
- Apres-ski educational programs to help you ski faster

- Maximum 8:1 Athlete to coach ratio
- Maximum participants: 40 per day
- US Ski & Snowboard-sanctioned masters races (GS/SL) at the end of the camp
- Proceeds from the camp support the Silver Run Ski Foundation, Thank You!

COACHING STAFF



Lisa Ballard: Camp Director. 3X FIS Masters SG champion. 2022 FIS Masters GS champion, 2X FIS Masters age group champion. 2nd Overall FIS Masters Cup, 2023, 2022. 6X US Masters Skier-of-the-Year; 100+ US alpine masters titles (DH, SG, GS, SL); USSS and PSIA-certified coach; 30+ years coaching experience; Former US Ski Team, Dartmouth College and pro racer. Author, *Ski Faster! Guide to Racing & High Performance Skiing.*



Pam Tucker-Kopp: Silver Run Head Coach. Former program coordinator, alpine head coach, U16 Coach, Bogus Basin Ski Educational Foundation. 16 years coaching experience. US Ski & Snowboard Level 200 Coach. Technical Delegate. Former Rocky Mountain College (USCSA) racer. Former Silver Run Athlete. Red Lodge native. Degree in physical education.



Jeremy Wolf: Silver Run Coach Assistant Head Coach. 6 yrs on Silver Run coaching staff. Former FIS-level racer. USSS-certified coach. Has also coached at Schweitzer and at Rocky Mountain College (multi-time USCSA national champs). Lecturer in creative writing at Rocky Mountain College.



Mark Selby: USSS Level 200 and PSIA Level 2 coach. 26 years coaching experience. 20 years Silver Run Coach, all ages/abilities including U8, including FIS and Masters athletes; ski gear + tuning guru. Fishing guide in off-season.



Jack Ballard: M.A., M.Ed: 2023 National Speed Series class 7 champion, 4th overall men under age 65. US Ski and Snowboard certified coach, 8 years dedicated masters coaching at Red Lodge Mountain and Big Sky Resort. USSS-certified coach and official. Former university lecturer, including graduate courses in educational psychology and human learning. Chair, USSS Northern Division Masters. Member, US Ski and Snowboard Masters Working Group.

SCHEDULE:

Saturday, Dec 7: Welcome reception/camp check-in, 6pm-8pm, Roosevelt Center, 219 S Broadway. Refreshments provided by Silver Run Ski Club.

Sunday, Dec 8: SL free-skiing drills (morning). SL progression – brushes, stubbies, gates (afternoon). "Social Night" - dinner at private homes around town.

Monday, Dec 9: SL training continues (morning/afternoon). Apres-ski chalk talk: "What's My Line? How to find the right line based on terrain and the course".

Tuesday, Dec 10: GS free-skiing drills (morning) GS training with line drills (afternoon). Pizza party and door prizes, 5pm-7pm at Red Lodge Pizza Co, 115 S Broadway, compliments of Silver Run Ski Foundation and camp sponsors.

Wednesday, Dec 11: GS training (morning). GS timed runs (afternoon). Evening program by Zoom: "Prepping Your Skis for Race Day"

Thursday, Dec 12: US Ski & Snowboard masters GS race.

Friday, Dec 13: US Ski & Snowboard masters SL race (morning). Afternoon departure.

COST:

Only \$530.00!

Camp tuition includes your race entry fees.

Camp tuition does <u>not</u> include transportation, lift tickets, lodging and a US Ski & Snowboard (USSS) masters license. A USSS license is not required to participate in the camp, but it is required to enter the races. If you are not a member of USSS, the camp staff can assist you in joining USSS (recommended if you are planning to go to additional masters races this winter) or obtaining a one-day "short-term license".

Discount for Silver Run Masters Members:

Your 2024-25 Silver Run membership must be paid prior to camp registration to receive your discount:

Multi-day + 2-day/week Members: \$430 1-day/week Members: \$480

CANCELATION POICY:

10% Cancelation fee prior to November 1, 2024.

After November 1, 50% cancelation fee and only if we can fill your spot!

LIFT TICKETS:

Red Lodge Mountain offers discounted multi-day lift tickets which can be purchased at the ticket window or cheaper in advance online at RedLodgeMountain.com. Pricing also gets cheaper as you get older, starting with Seniors (ages 65-69) and Super Seniors (ages 70+).

Sign up at <u>SilverRunSki.com</u> under "Masters" Registration opens at 7:00 a.m. on September 1, 2023



The Pollard Hotel: Historic hotel in the heart of Red Lodge. 20% off. Room rates vary based on the room you select. Full breakfast available at Marli's Restaurant in the hotel starting at 6:30am (not included in room rate). To book, use code: SILVER, or click here.



The Yodeler: Motel-style lodge, close to ski area access road. \$105 to \$120 +tax per room per night based on room type. No code. https://www.yodelermotel.com/

Please note: Red Lodge Christmas Stroll is the arrival weekend of the camp. Book your room ASAP to ensure availability!

REGISTRATION SYSTEM:

The Dust-the-Rust-Off Camp typically fills within a minute or two after the registration portal opens. If you do not get into the camp, please continue to the waitlist for three reasons:

- There is no obligation or charge to be on the waitlist.
 We usually clear a few people from the waitlist into the camp.
- 3. If you have been waitlisted for 2 consecutive years, you will have an "early bird" opportunity to register for the camp prior to September 1 in year 3.

MORE INFO:

Lisa Ballard, Camp Director, T. 406-690-0190, lisaballardoutdoors@gmail.com Vanessa Selby, Program Director, Silver Run Ski Club, T. (406) 208-1875, silverrunski@gmail.com

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Camp sponsors include:



















